

INSTRUCTIONS:

The Express Cleanse consists of 6 shots of super juice. Drink the shots throughout any normal day with about 1-hr intervals. Drinking them out of order has no negative impact on the benefits.

Shake well before drinking.

1. Drink your 1st shot. Keep the others refrigerated; the shelf life for the juices is about 48 hours.
2. Drink the next shot in about 1 hour, and repeat the process.
3. Drink plenty of water in between juices to help the release of toxins.

WHY NOT BOTTLED?



The majority of bottled juices go through pasteurization, which kills all living organisms in order to prolong its shelf life. This process also destroys or debilitates the enzymes.

WHY NOT FROZEN?



The enzymes in fruits and vegetables are drastically debilitated by freezing temperatures.

WHY NOT CANNED?



Chemicals are added as preservatives. Also, it is subjected to very high temperatures, which kill all living organisms and debilitate the enzymes.



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DISCLAIMER: This information is presented for informational purposes and is not intended to treat, diagnose or cure any illness. Consult a physician before taking any action. It is very important to note that all of the recommendations in this brochure are not to be taken as medical care or advice.

EXPRESS CLEANSE

Purifier Shots!



WHAT IS IT GOOD FOR?

Over time, your body builds up toxins from processed foods, chemicals, pollution, and overeating. These toxins in your body can be responsible for headaches, fatigue, depression, abdominal discomfort, flatulence, insomnia, nausea, lack of concentration and desire, low energy, skin blemishes, bad breath, back pain, irritability, and more.

Therefore, organs like your liver, kidneys, pancreas, and colon need added assistance.

The perfect complement
for your everyday plan.



WHAT IS THE EXPRESS CLEANSE?

A powerful detoxifying juice six-pack (2 oz shots) designed to be taken throughout the day to detoxify your body and tune-up your metabolism.

The 100% natural super juice benefits include:

- ✓ Detoxification
- ✓ Rejuvenation
- ✓ Digestion Tuning
- ✓ Weight Management
- ✓ Metabolism Refinement
- ✓ Stress Reduction
- ✓ Healing & Harmony
- ✓ Internal Health
- ✓ Beauty and Glow
- ✓ General Feeling of Happiness

SUPER JUICE SHOTS:

1. Pure Organic Wheatgrass
2. Sweet Potato (Tan)
3. Ginger + Cayenne Pepper
4. Turmeric (Curcumin)
5. Organic Moringa & Spirulina, Apple
6. Hibiscus Cold-Brew Extract + touch of Organic Agave



WHY DO ENZYMES MATTER?

Enzymes are one of the **greatest benefits of fresh fruits and veggies**. These enzymes are commonly known as the “spark plugs” of life because they help regulate many body functions. The fresh juice of fruits and vegetables is probably the richest available source of enzymes, vitamins, and minerals in nature.

